

# **BREAKFAST**

0730-1000 HRS

## **JUICES**

ORANGE, MIXED FRUIT, PASSION FRUIT, WATER

## **FRESH JUICES**

WATERMELON, PINEAPPLE

## **FRESH FRUITS**

PAPAYA, SWEET MELON, GRAPEFRUIT, BANANAS

APPLES, ORANGES, FRESH FRUIT SALAD

## **DRIED FRUITS**

PRUNES IN SYRUP, RAISINS, PINEAPPLE, APRICOTS

## **CEREALS**

MUESLI, CORNFLAKES, RICE CRISPIES, ALL BRAN  
SUGAR PUFFS, COCO PUFFS, FROSTIES AND WEETABIX

## **ACCOMPANIMENTS**

TOASTED COCONUT, PEANUTS, WALNUTS,  
CHOCOLATE POWDER, BROWN SUGAR, WHITE SUGAR

TOASTED SESAME SEEDS, SMALL DICED FRUIT

FULL CREAM MILK, SKIMMED MILK, SOYA MILK

## **YOGHURT**

PLAIN, LOW FAT, STRAWBERRY, PEACH

## **COLD CUTS**

SALAMI, HAM, JAGWURST, BIERWURST (HALAL OPTIONS AVAILABLE) SMOKED SALMON

SMOKED MACKEREL, SMOKED TROUT, SLICED CHEESE

## **ACCOMPANIMENTS**

CHERKINS, CAPERS, BLACK OLIVES, GREEN OLIVES, TOMATOES

CUCUMBER, ONION SLICES, MIXED PICKLES, MUSTARD

PICKLED ONION, SALAD OF THE DAY

## **HOT SELECTIONS**

CHICKEN SAUSAGE, BACK BACON, FRIED POTATOES AND ONIONS  
BAKED BEANS, OATMEAL PORRIDGE, MUSHROOMS, GRILLED TOMATOES

FRIED LIVER, MINI BURGER WITH ONION GRAVY

MEAT BALLS IN TOMATO SAUCE, POTATO CURRY

FRENCH TOAST, BOILED EGG, HASH BROWNS

## **EGGS**

COOKED TO ORDER - FRIED, POACHED, BOILED

VARIOUS OMELETS, SCRAMBLED EGGS

## **DIM SUM**

VARIETIES OF STEAMED DIM SUMS

## **WAFFLES & PANCAKES**

COOKED TO ORDER

SERVED WITH CHOCOLATE SAUCE, RASPBERRY COULIS,

MAPLE SYRUP, ICING SUGAR, BROWN SUGAR

## **FRESHLY BAKED**

BAGUETTES, BREAKFAST ROLLS, DANISH PASTRIES

BROWN WHEAT BREADS, NORLANDER BREAD, PLAIN CROISSANTS, CHEESE CROISSANTS

CHOCOLATE CROISSANTS, MUFFINS, SWEETBREADS

WHITE & BROWN TOASTS, SELECTION OF GLUTEN FREE

## **HOME MADE JAMS & PRESERVES**

ORANGE MARMALADE, MIXED FRUIT JAM, PINEAPPLE JAM, BANANA JAM, STRAWBERRY JAM,  
MANGO JAM, BLUEBERRY JAM, PASSION & PINEAPPLE COMPOTE, APRICOT & PRUNES COMPOTE

APPLE COMPOTE

BUTTER, MARGARINE, HONEY

## **LUNCH**

1230-1400 HRS (except Friday: 1300-1430 HRS)

### **SOUP**

CREAMY CARROTS & ORANGE SOUP

### **SALADS, CONDIMENTS & DRESSINGS**

SELECTION OF LETTUCE (V)/ CHEF'S SALAD (V)  
TOMATO & ASPARAGUS WITH BASIL VINAIGRETTE (V)  
CABBAGE & CARROT SALAD WITH SULTANA (V)  
VEGETABLE COUSCOUS WITH CHICKPEAS & FETA CHEESE (V)

### **APPETIZERS**

HAWAIIAN CHICKEN SALAD

*CREATE YOUR OWN SANDWICHES...* CREAM CHEESE, SMOKED SALMON, COLD CUTS, CHEESE & CRUDITÉS (V-OPTIONAL)

### **HOT BUFFET SELECTION**

VEGETABLE & CASHEW BIRYANI (V)/ TEX-MEX RICE (V)  
BEEF RIB EYE STEAKS WITH CARAMELIZED ONION & TOMATO JUS  
CHICKEN & MUSHROOM PIE  
SLICED CARROTS & BROCCOLI (V)  
SPINACH FRITTATA (V) OVO-VEGGIE/ HERB ROASTED POTATOES (V)  
BRAISED CABBAGE WITH MUSTARD & COCONUT (V)

### **CHINESE CORNER**

RICE VERMICELLI WITH EGGS & VEGETABLES (V) OVO-VEGGIE  
PORK SPARERIBS WITH SWEET & SOUR SAUCE  
WOK FRIED SEASONAL VEGETABLES IN GARLIC OYSTER SAUCE (V)  
*CHINESE ACCOMPANIMENTS...* HOT & SOUR SAUCE/ CHILI VINEGAR/ SOYA SAUCE/ CHILI PASTE/ CHILI OIL

### **CURRY CORNER**

STEAMED RICE (V)/ PARATHA  
FISH CURRY / VEGETABLE STEW IN COCONUT CREAM (V)/ POTATO AND BEANS VINDALOO (V)  
CHUTNEY / PICKLES / PAPADAM / COCONUT

### **ACTION STATION**

ITALIAN PASTA COOKED TO YOUR ORDER (V)  
MASALA MARINATED BAKED FISH FILLETS WITH INDIAN SPICED DRESSING  
LAMB KEBAB WITH LEMON & THYME SAUCE

### **DESSERT BUFFET**

TROPICAL FRESH FRUITS  
PINEAPPLE COCONUT SLICED/ PISTACHIO CHOCOLATE BROWNIES/ EARL GRAY TEA SILK CAKE/  
LINZER TART/ MANGO MOUSSE/ BLACKCURRANT CHEESECAKE/

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TEA OR COFFEE/ HAVE A NICE MEAL

**MENU CAN CHANGE DEPENDING ON PRODUCT AVAILABILITY - (V) VEGETARIAN**

# **DINNER**

1900-2100 HRS

## **SOUP**

BROCCOLI CREAM SOUP (V)

## **SALADS, CONDIMENTS & DRESSINGS**

SELECTION OF LETTUCE (V) / GRATED CARROTS WITH RADICCHIO AND SPRING ONION (V)  
THAI BEEF SALAD/ TOMATO ONION SALAD (V)/ CHEESE, APPLE & BELL PEPPER SALAD (V)

## **APPETIZERS**

STUFFED TOMATO & CUCUMBER WITH MACKEREL MOUSSE  
TURKISH DOLMADES (V)

## **HOT BUFFET SELECTION**

YELLOW RICE (V)/ PASTA ALLA MARINARA  
CAJUN ROASTED SPRING CHICKEN  
SAUTÉED BRUSSELS SPROUTS WITH ONION, GARLIC & BACON  
BUTTERNUT SQUASH PUREE WITH CARDAMOM (V)  
GRILLED TUNA WITH GARLIC-LEMON BUTTER SAUCE  
GRILLED VEGETABLES (V)  
GRATIN POTATOES (V)

## **CHINESE CORNER**

SWEET CORN & CRAB SOUP  
ROYAL FRIED RICE (V) OVO-VEGGIE/ DEEP-FRIED BEEF WITH GARLIC & PEPPERS  
SAUTÉED LONG BEANS WITH MUSHROOM SAUCE (V)  
*CHINESE ACCOMPANIMENTS...* HOT & SOUR SAUCE/ CHILI VINEGAR/ SOYA SAUCE/ CHILI PASTE/ CHILI OIL

## **CURRY CORNER**

STEAMED RICE (V)  
CHICKEN CURRY / DHALL CURRY (V) / PANEER MAKHANI (V)  
CHUTNEY / PICKLES / PAPADAM / COCONUT

## **ACTION STATION**

MIXED FRIED NOODLES (V) OPTIONAL  
PORK CHOPS WITH GHERKIN GRAVY  
TANDOORI LAMB WITH MINT RAITA & NAAN

## **DESSERT BUFFET**

TROPICAL FRESH FRUITS  
PASSION-FRUIT TART/ CARIBBEAN CHOCOLATE CAKE/ GINGER CRÈME BRULE/ PEAR KUCHEN/  
WHITE CHOCOLATE & RASPBERRY MOUSSE CAKE/ BREAD & BUTTER PUDDING/ BROKEN JELLY GLASS  
ICE CREAMS WITH TOPPINGS

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TEA OR COFFEE/ HAVE A NICE MEAL

**MENU CAN CHANGE DEPENDING ON PRODUCT AVAILABILITY - (V) VEGETARIAN**